

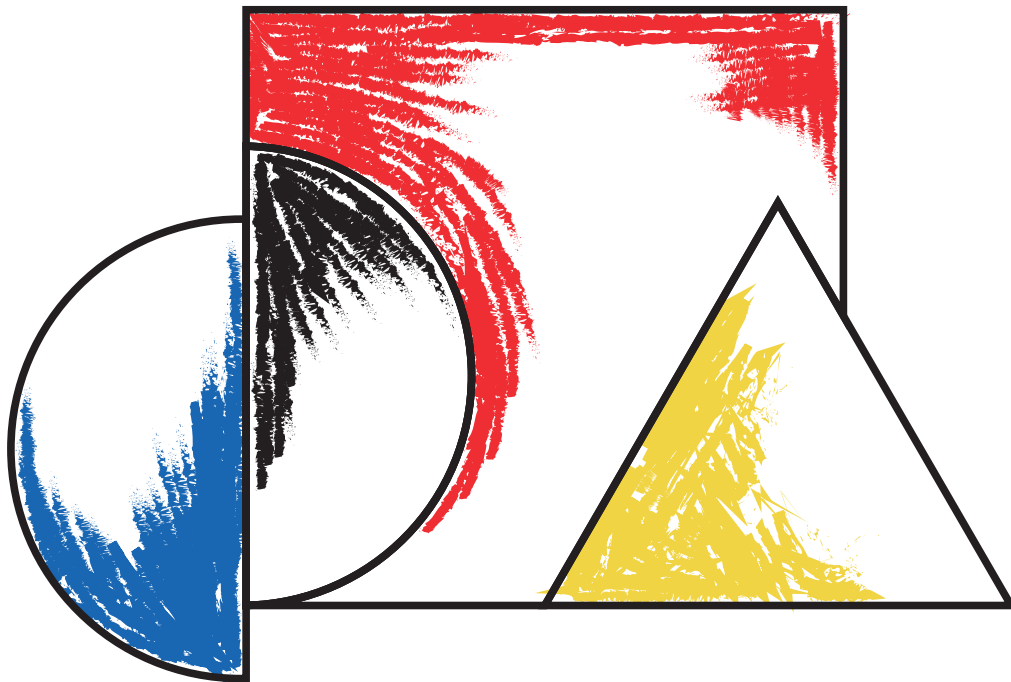


Portsmouth
Creates

portsmouthcreates.co.uk

Community Artists Colouring Book

Vol. 1



A colouring book created by artists
for people of all ages
#createuppompey

#CreateUpPompey #PortsmouthCreates

We'd love you to post your coloured-in pages on social media using #CreateUpPompey
We'll try to share as many of them as we can on our social media channels.

Then why not put your coloured artwork up in your window for everyone to see!

In these unusual and challenging times, we hope that this art pack reminds us all to
dream, hope, aspire - and believe #CreateUpPompey

Website: portsmouthcreates.co.uk
Enquiries: info@portsmouthcreates.co.uk
Facebook: facebook.com/portsmouthcreates
Instagram: @portsmouthcreates
Twitter: @portscreates
Hashtag: #portsmouthcreates

Our goal is to create a collaborative and accessible art project for the people of Portsmouth.
This art pack enables you to discover some of Portsmouth's brilliant artists, designers and illustrators, whilst
participating yourself by sharing your own colourful versions of the artists work.

Artwork has kindly been donated by many different Portsmouth artists, designers and illustrators, ready to be
coloured in, cut out and shared in your windows and online.

Portsmouth Creates has provided over 1500 free art packs (which include pencils, sharpener and this colouring
book) and it is available on our website to download (PDF) for free to print at home.

The idea was for Portsmouth's adults and children alike to enjoy; either as mindfulness exercise (for all ages)
or for children and families to have an additional activity.

So why not share them in your windows and online to celebrate both your creativity and our cities creativity!

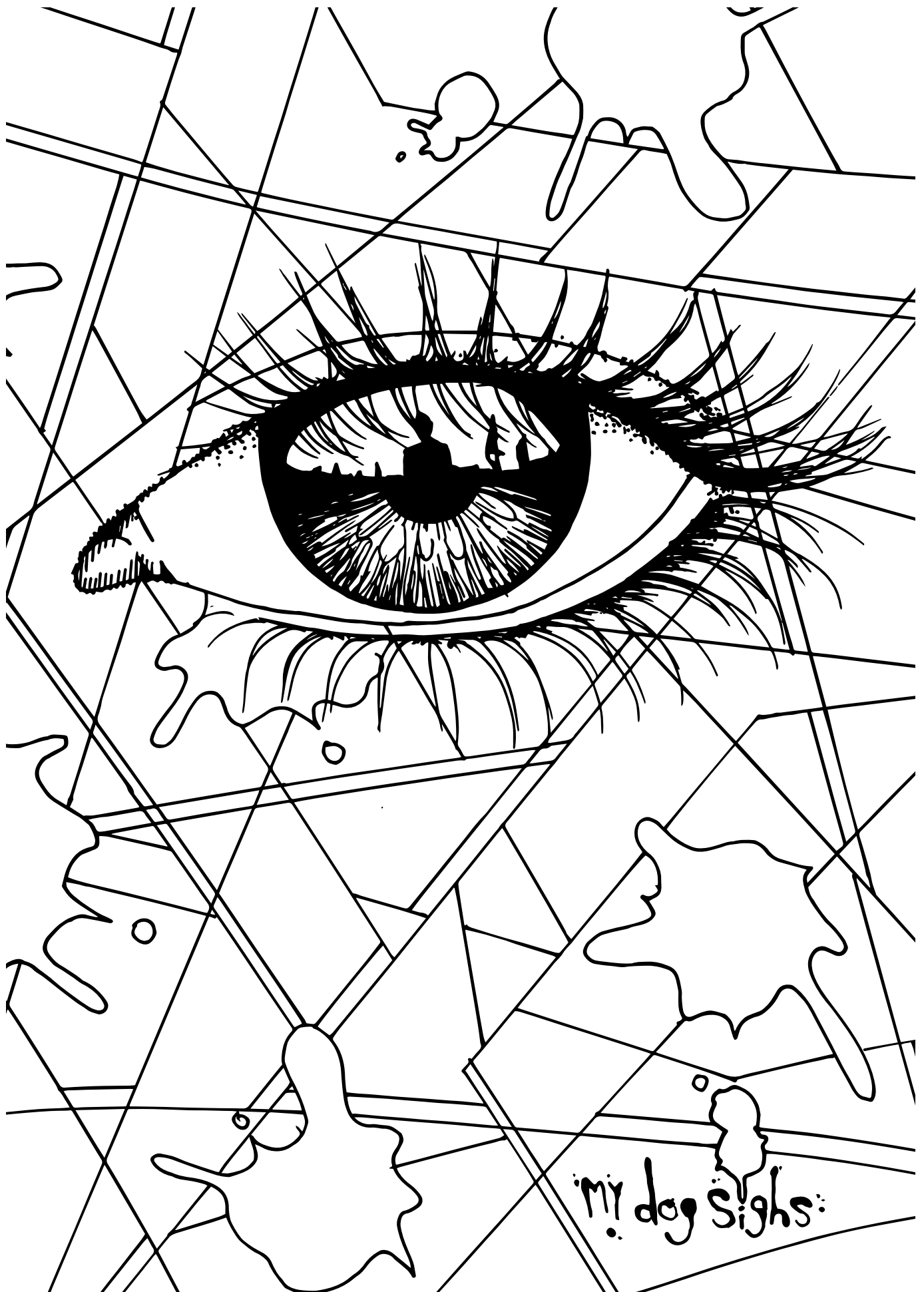
Portsmouth is full of exciting dynamic cultural and creative activity. Culture isn't just art galleries and opera - it's for everyone and includes a huge range of activities. When we say culture we mean everything including all types of music, art, dance, design, events, writing, making, film, digital media, theatre and museums. Portsmouth Creates exists to help ensure everyone gets to take part - and enjoy what Portsmouth's dynamic cultural scene has to offer.



A big thank you to all the generous artists who
have kindly contributed their artwork to this book.

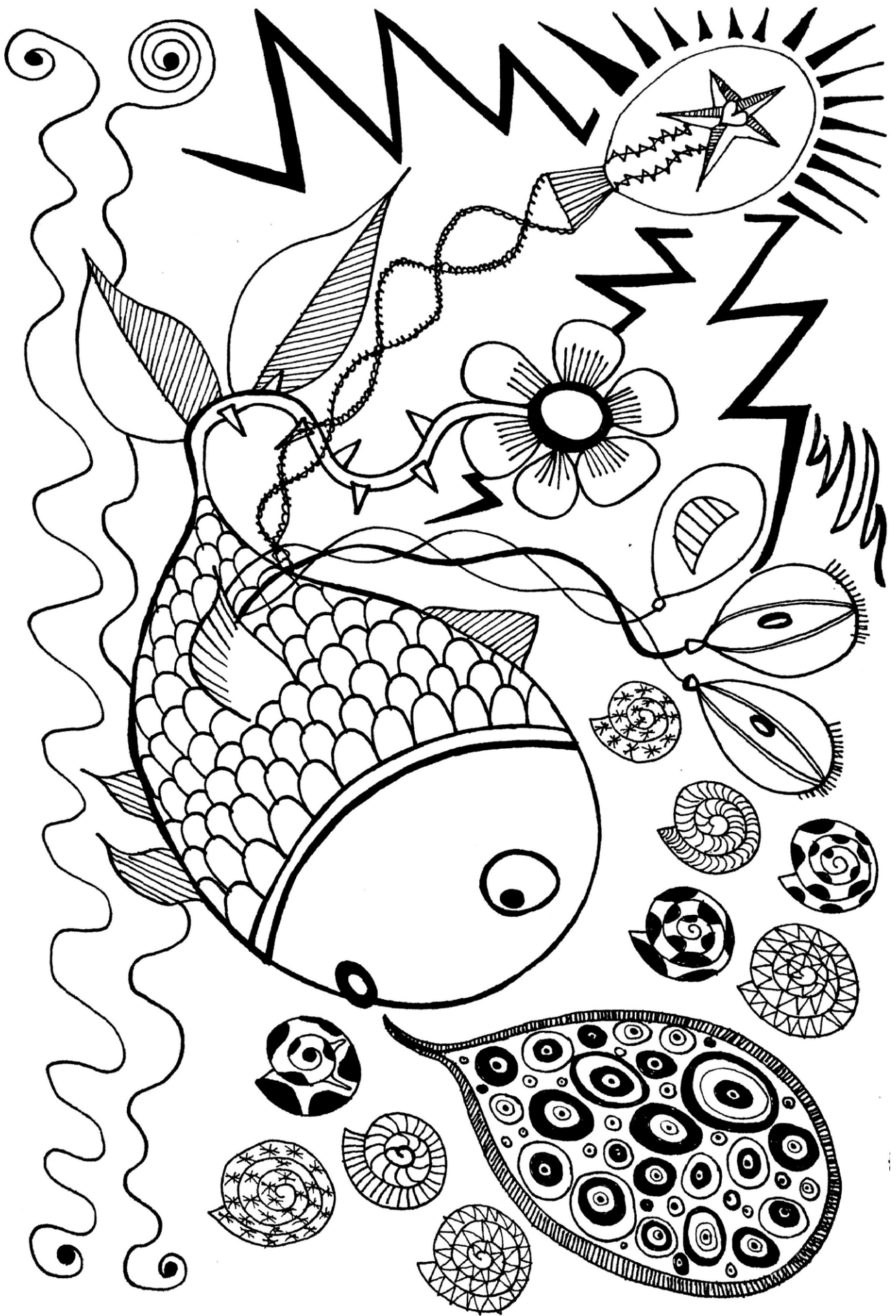


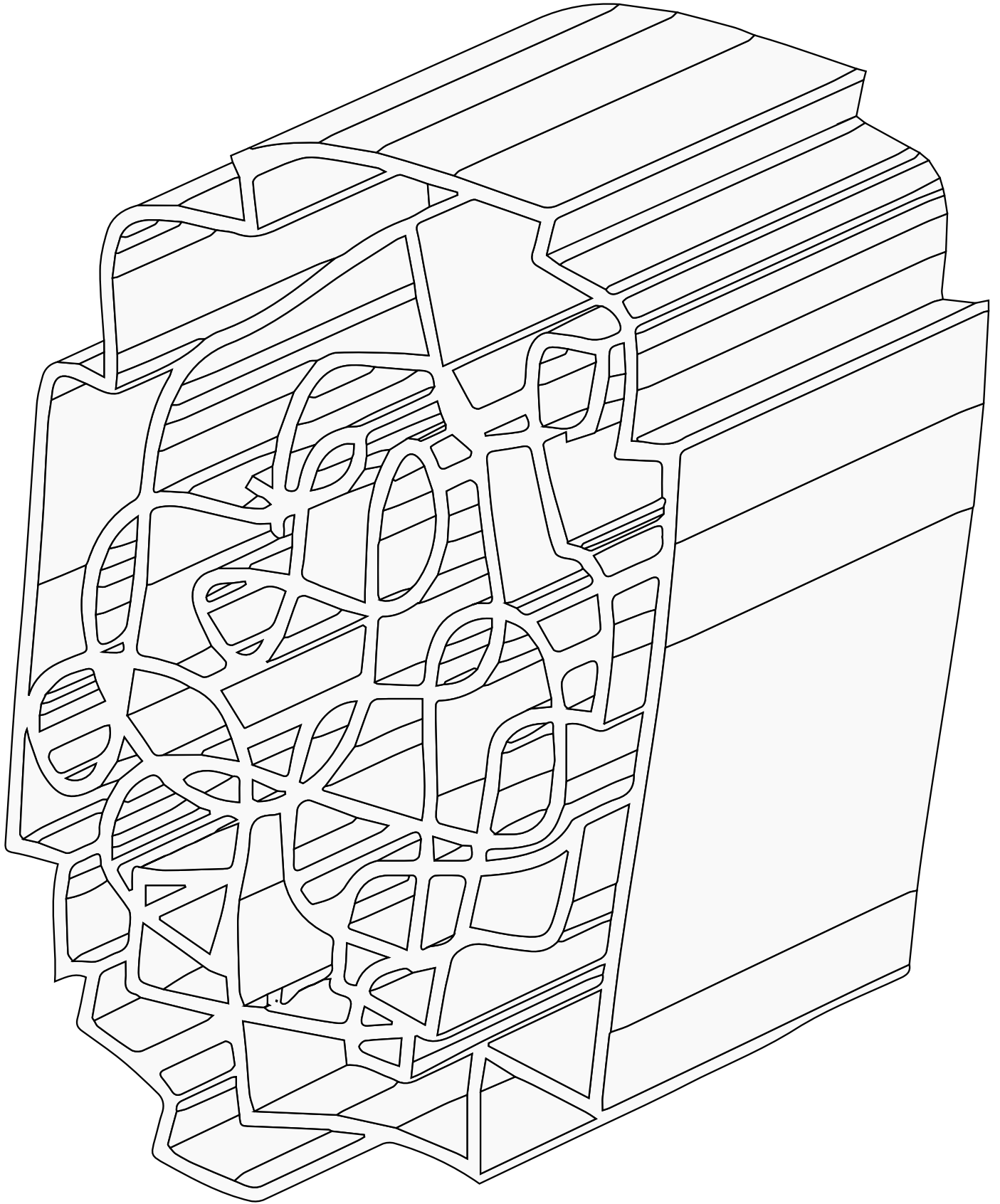
♥ ANGELA CHICK

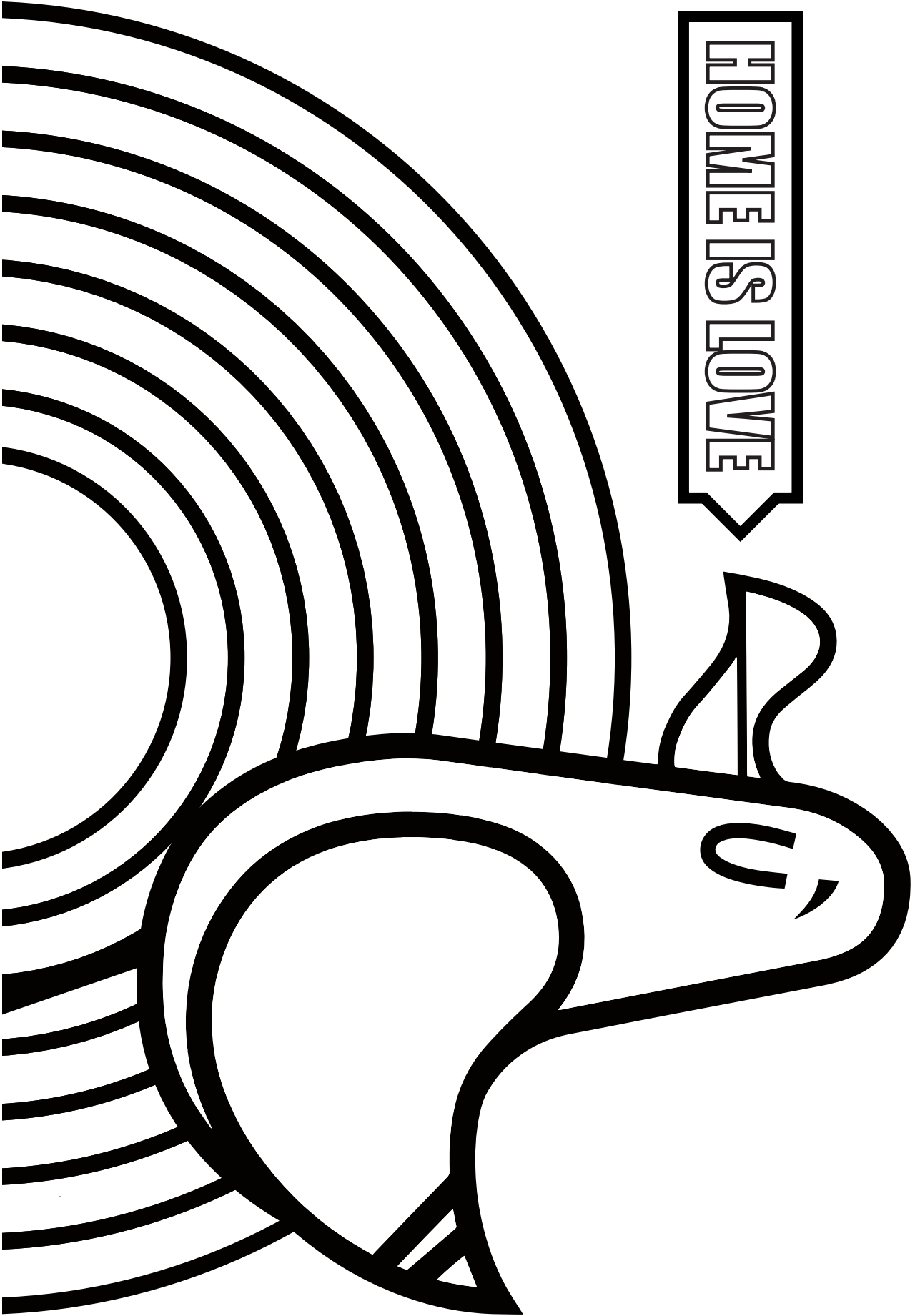




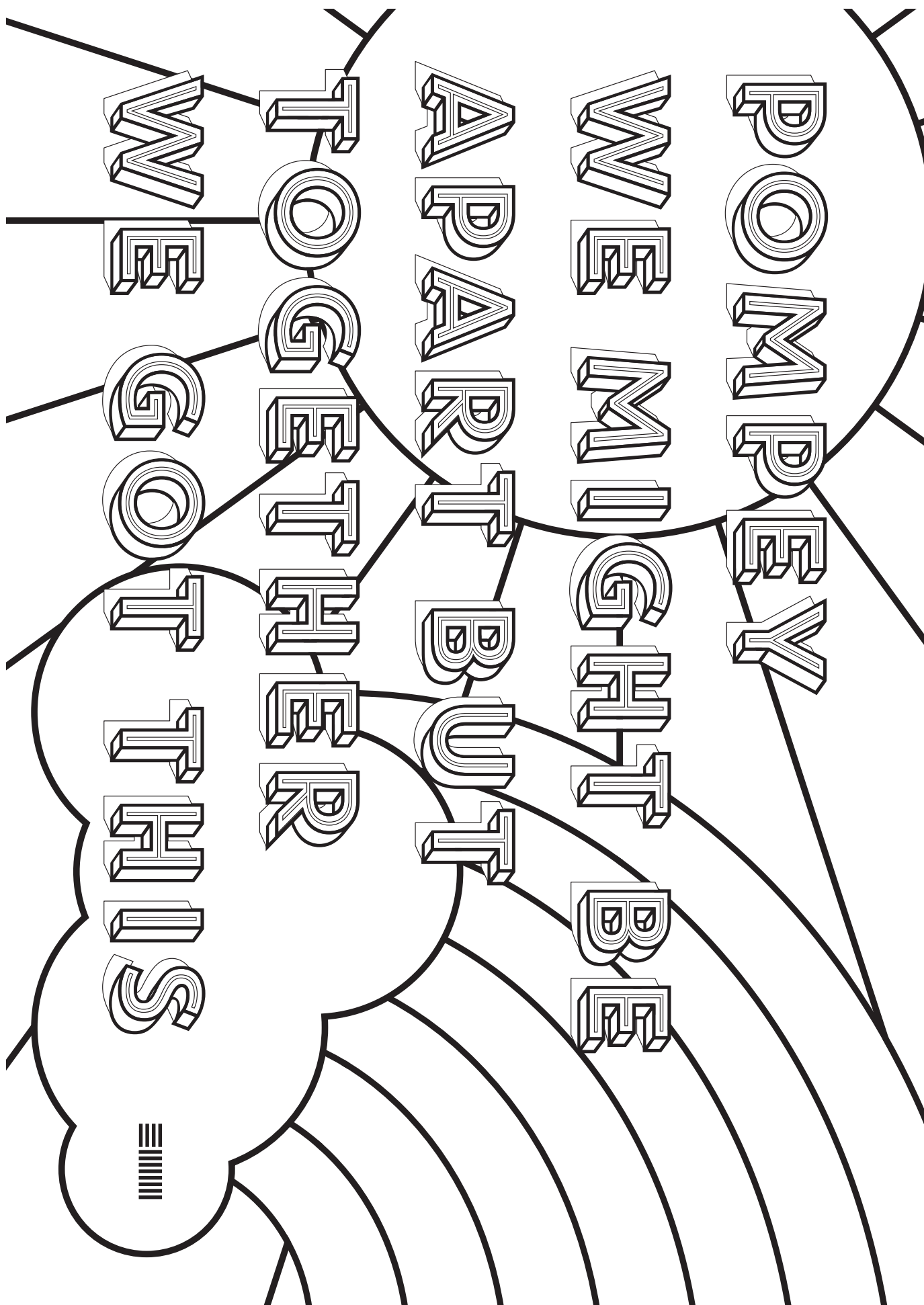
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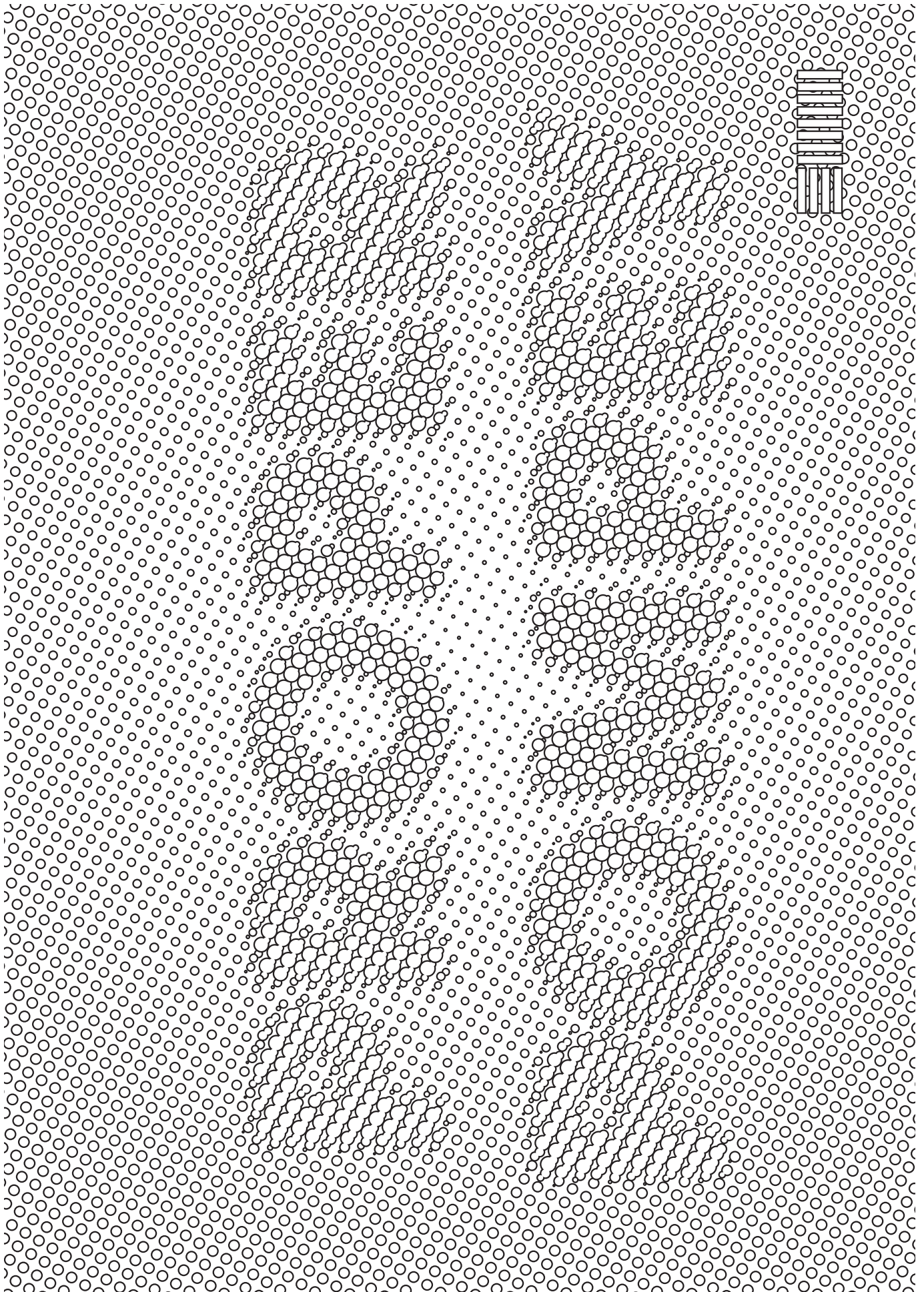


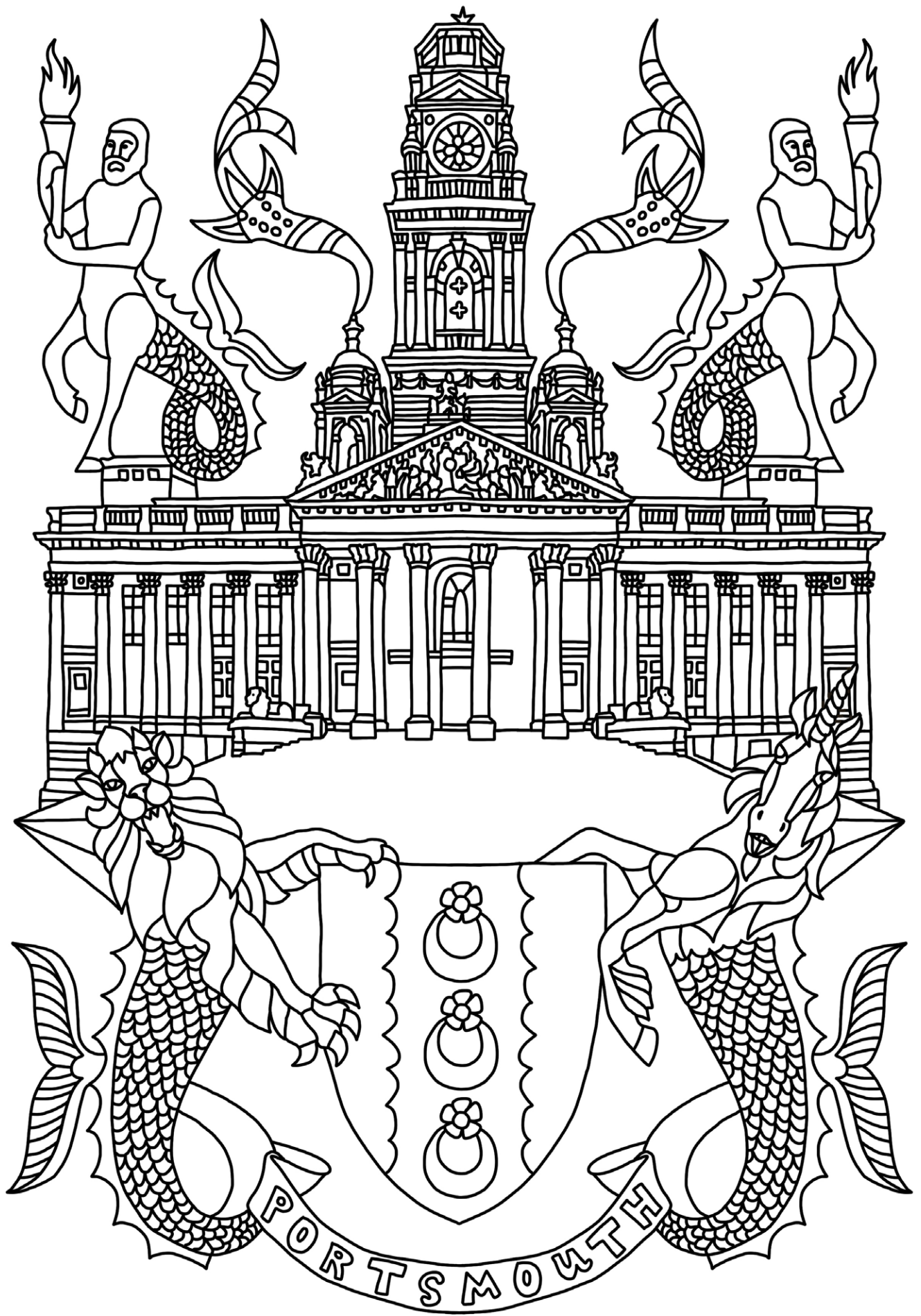
















LOVE ♥ NATURE

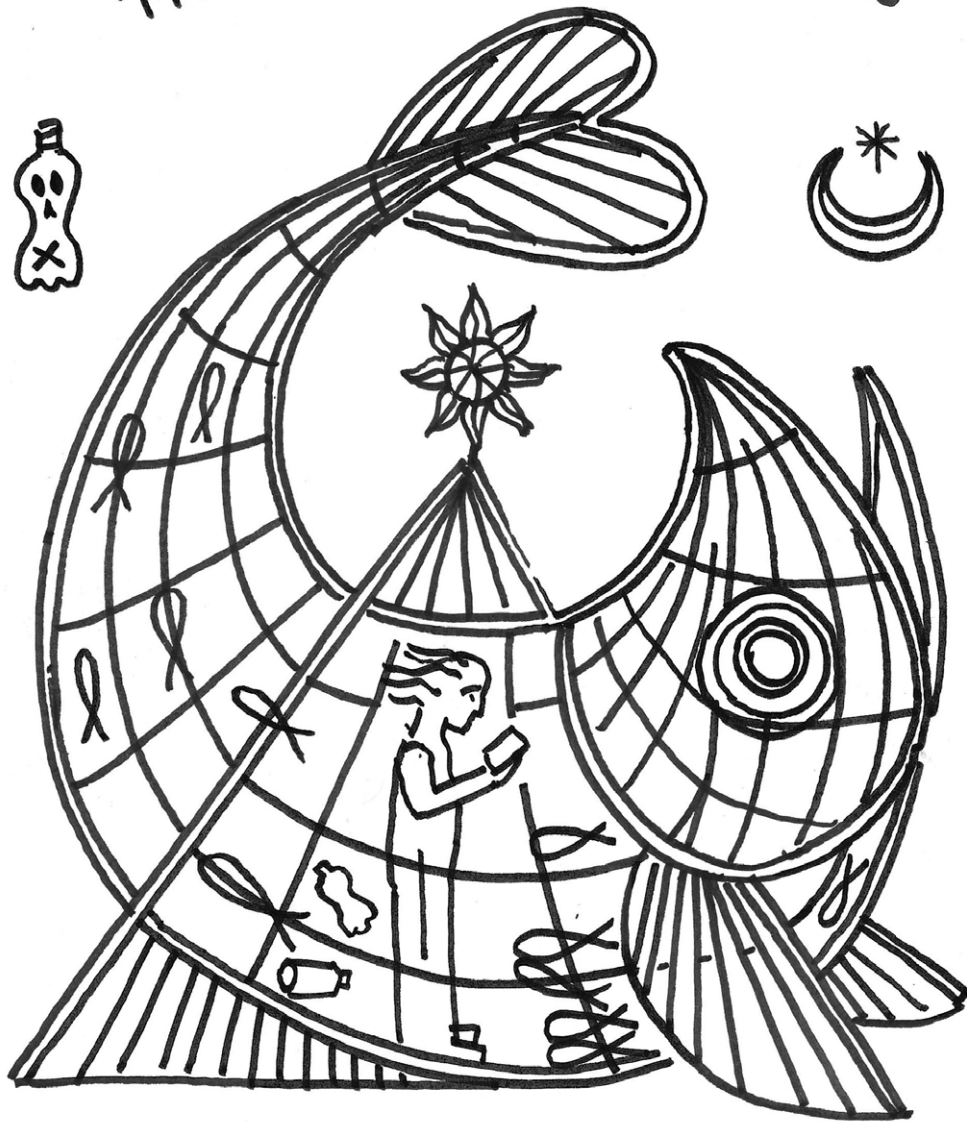









THE TREADGOLD FISH SCULPTURE

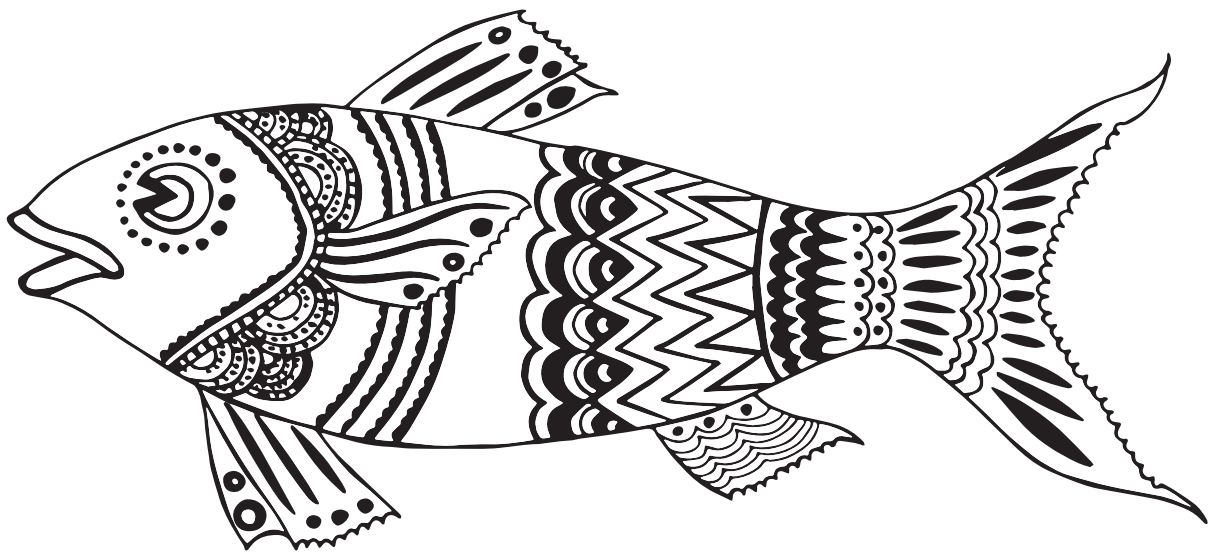
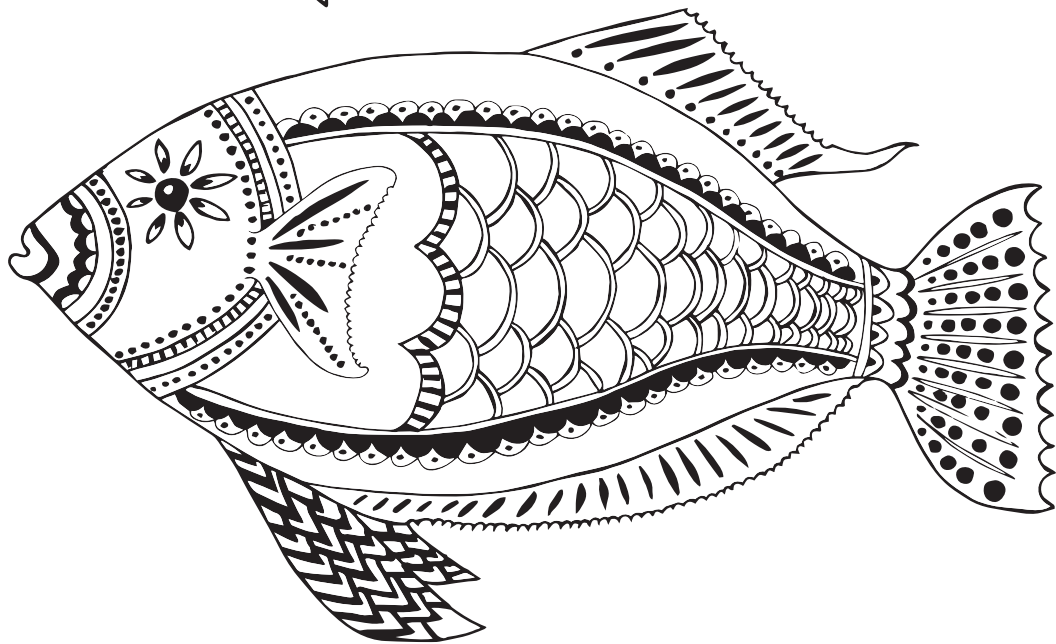
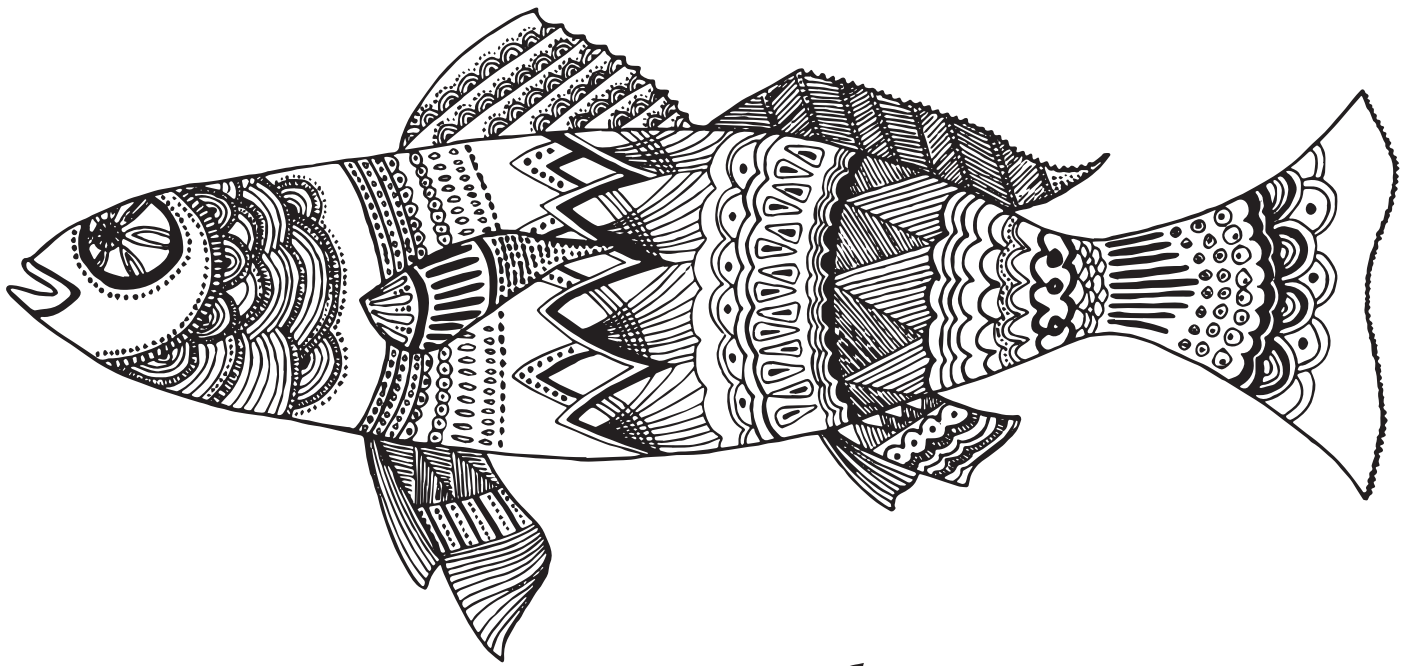


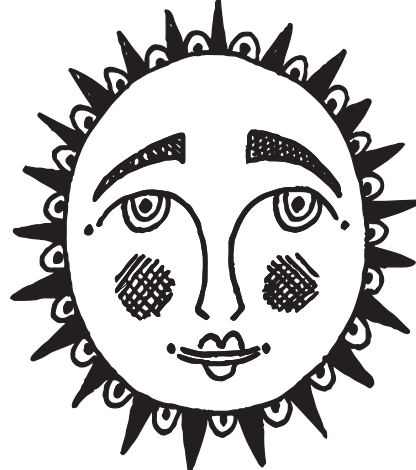
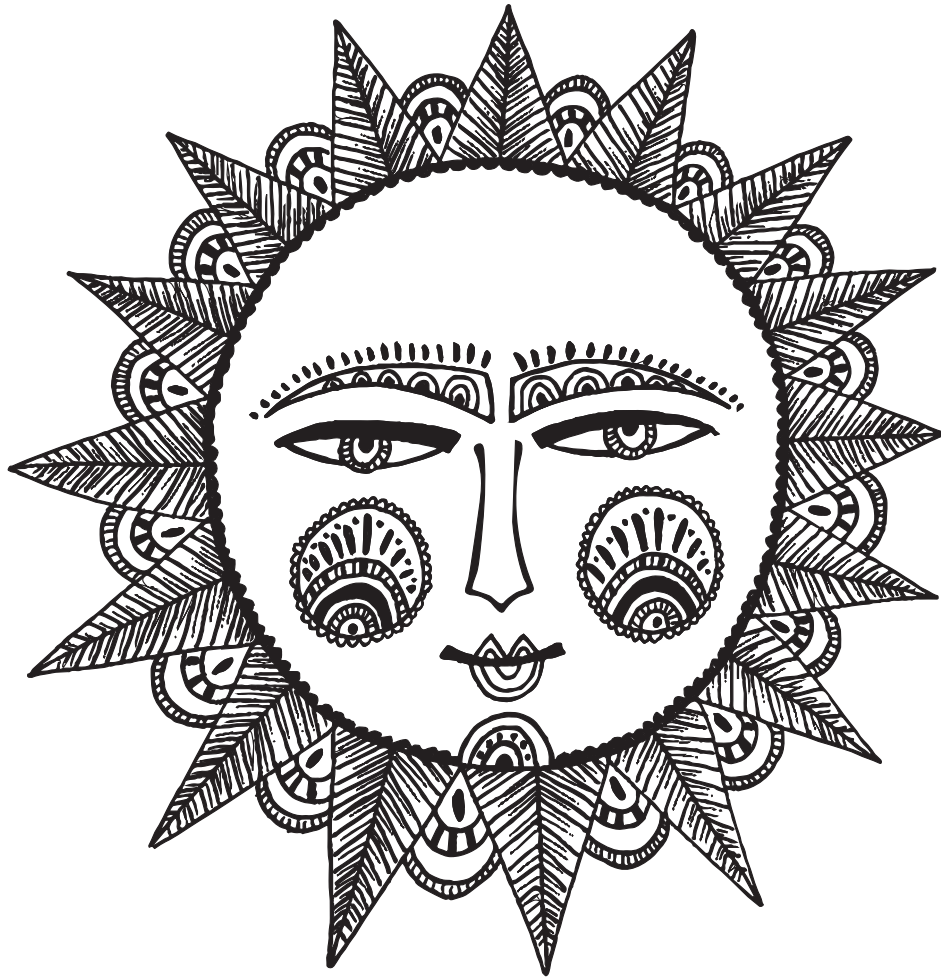
HOW MANY PLASTIC BOTTLES
CAN YOU DRAW INSIDE THE
FISH? USE DIFFERENT COLOURS.

COMPLETE THE FISH
SCALES  WITH
DIFFERENT COLOURS.

SAVE ALL YOUR CLEAN PLASTIC BOTTLES AND HELP
'FILLET' THE FISH THIS SUMMER. DO YOU KNOW WHERE
IT IS NOW? - IT MOVES AROUND THE CITY.

file









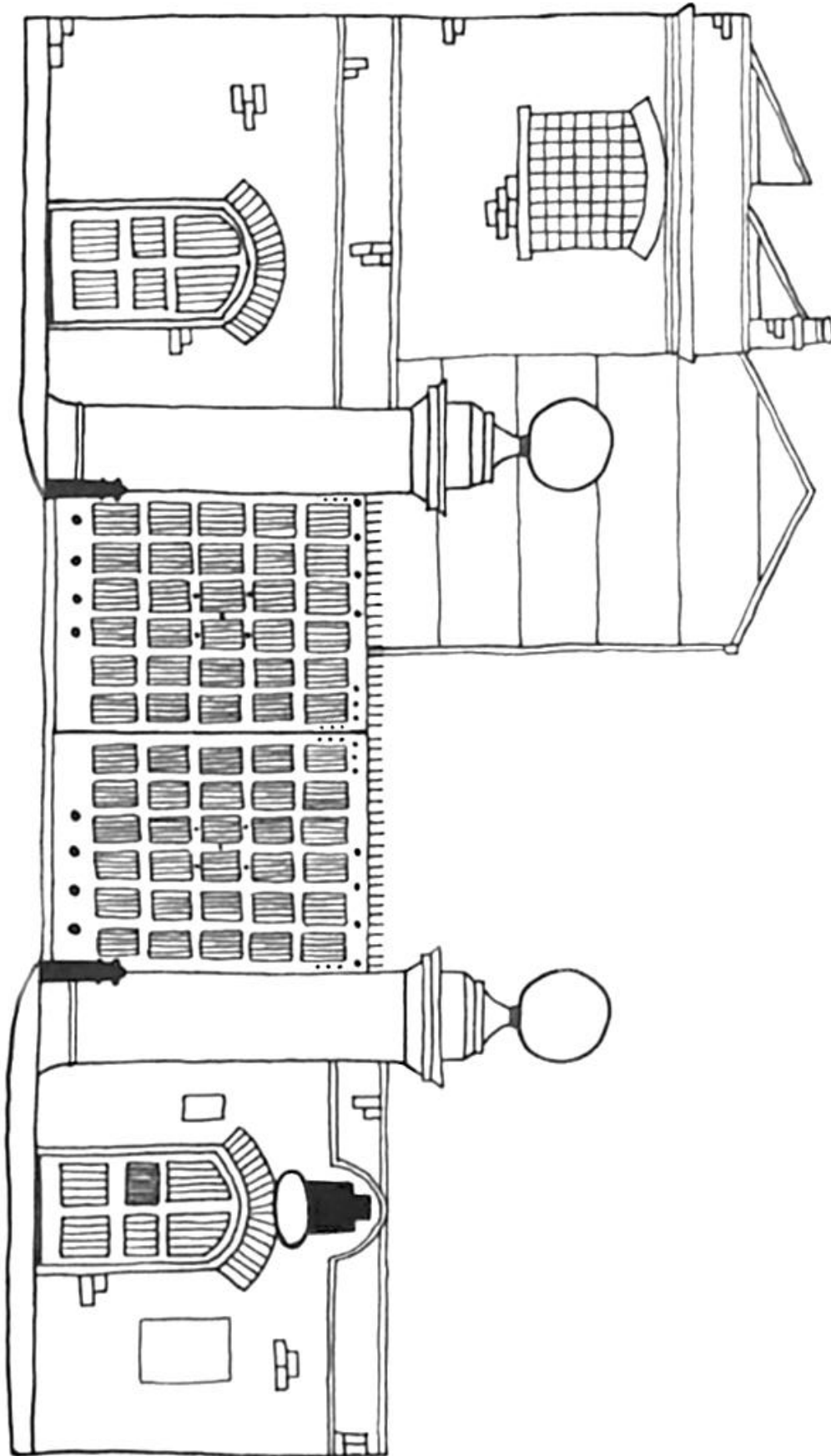
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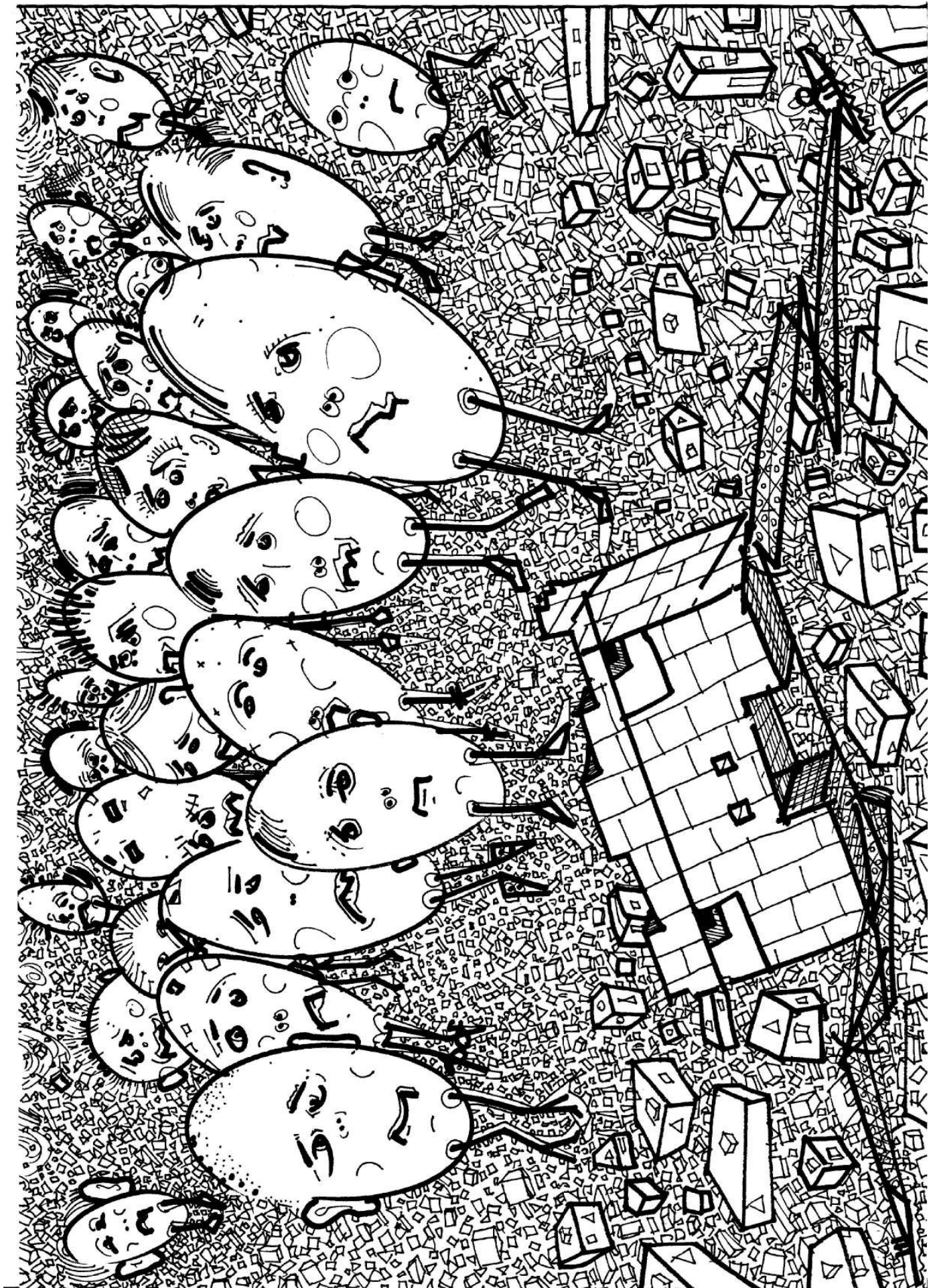
There is always something or someone to be grateful for. In the empty box write or draw something you are grateful for, then cut off this bottom bit and share it with the world or the person you are grateful for. Stay safe.

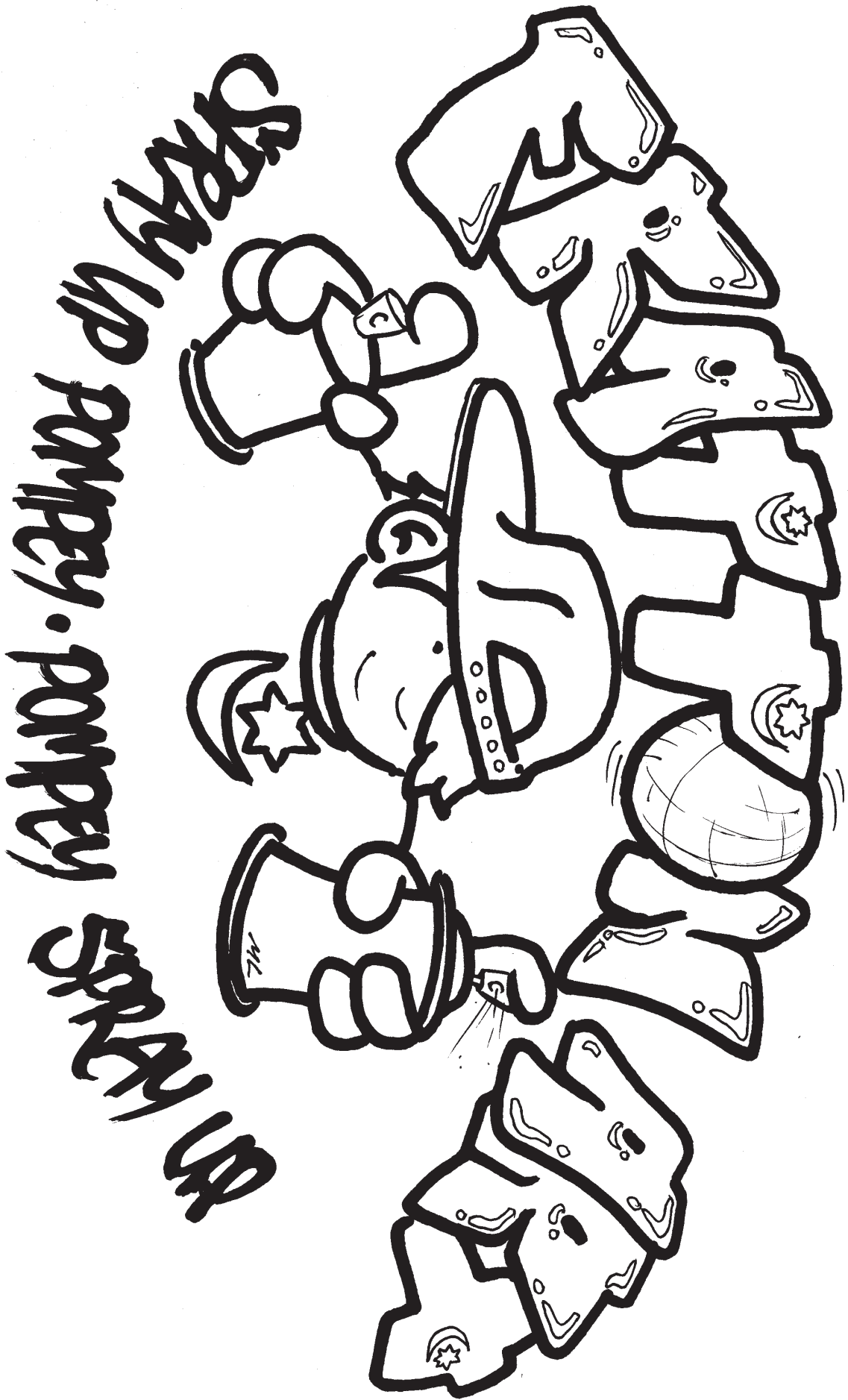
SMW X















"WELL GOOD" WELLBEING ACTIVITY SHEET



HOW ARE YOU FEELING?

WHY DO YOU THINK YOU'RE FEELING THAT WAY?

WHAT IS ONE THING YOU CAN DO TO BE EXTRA KIND TO YOURSELF?

WHAT IS ONE THING YOU CAN DO TO BE EXTRA KIND TO SOMEONE ELSE?

THREE THINGS I AM GRATEFUL FOR...

- ①
- ②
- ③

DRAW SOMETHING THAT MAKES YOU SMILE ↴

MAKE A LIST OF FUN THINGS TO DO AT HOME

- ①
- ②
- ③
- ④
- ⑤
- ⑥
- ⑦
- ⑧
- ⑨
- ⑩



grab a pencil...

♥ ANGELA CHICK



To celebrate the launch of our FREE Portsmouth Creates colouring book, we've teamed up with the University of Portsmouth to give away some incredible art goodies!

All you need to do to enter is to first get creative and get colouring! Then take a photo of your new artwork either in your book or it posted up on the window and finally share it on social media with the #CreateUpPompey hashtag or post it up on our Facebook page.

Alternatively, email your photo of your colouring creations to info@portsmouthcreates.co.uk

We can't wait to see all your creations, Pompey!

Winners will be selected & contacted by summer 2020.



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ENGLAND**



**UNIVERSITY OF
PORTSMOUTH**



**Portsmouth
CITY COUNCIL**

**VICTORIOUS
FESTIVAL**